

# EARTH DAY, SUNDAY APRIL 22, 2018

## How You Can Join the Eco-Reformation!

1. Modify eating habits – Reduce the amount of meat, particularly methane-producing beef. Keep a log of food thrown away to adjust grocery purchases. Buy local vs. online stores in order to reduce transportation pollution, energy consumption and packaging!
2. Reduce use of energy in the home – Turn off lights, turn down heat in the winter and turn up the temperature for air conditioning in the summer. Use shovels, rakes and electric mowers when possible rather than leaf blowers, snow blowers and gas mowers.
3. Conserve water – Reduce or eliminate running water while soaping dishes or brushing teeth. Water lawn in the morning to avoid evaporation. Set your mower blades one notch higher, since longer grass means less evaporation.
4. Conserve fuel – Don't warm up your car ahead of time, turn off your engine rather than idling, eliminate busy drive-throughs, combine trips which require driving and car pool.
5. Consider purchases carefully – Do I really need it, could I share this item with a neighbor (lawn mower, for ex.), can I find what I need at a thrift store rather than buying new?
6. Reduce plastic – Carry a water bottle with you so you won't need to buy water bottles, ask for no straws when eating out, and always have a supply of shopping bags in your car.
7. Share these tips in your church's bulletin or newsletter. Have your church "adopt" a roadway, park or other area to keep clean. Have returnable bottle collections and send the money to organizations working to save the earth. Have a "Green" team to identify ways to green the church. See what Presbytery USA is doing in environmental ministries. <https://www.presbyterianmission.org/ministries/environment/>
8. Participate in Climate Change Marches and/or take part in an Indigenous sponsored event, to learn how to live in harmony with Mother Earth. For example, Seed Planting Ceremony in the Traditional Haudenosaunee Garden, May 26, [Kanatsiohareke@gmail.com](mailto:Kanatsiohareke@gmail.com) Join the "Cuomo, Walk the Talk on climate" march and rally on Monday, April 23<sup>rd</sup>. Starts at Sheridan Hollow at 12 noon and will end at the east park at the Capitol building.
9. Set aside an hour monthly to make calls and/or write to national, state and local representatives and/or to local paper on issues of creation care. (See sample letter provided on current bills proposed.) Sign relevant petitions. (See attachment on plastics.)
10. Make care of God's creation foremost in any major buying decisions. Consider how large a vehicle you really need ("Could I rent a larger vehicle on those rare occasions when I need one with the money saved by purchasing a fuel efficient car?"). When large appliances need to be replaced, buy energy star products. Consider buying electric power from Clean Choice Energy tel # 1 800 888 2273.

Checkout the following links: <http://www.eany.org>, <https://www.earthday.org/> <https://350.org/>